



Muscle Ezze PM

NIGHT TIME • PM-EX2



*With Added Passion Flower,
Lemon Balm Leaf,
Hops Cone And More!*

**For a Restful Night's Sleep,
Relaxation and Calmness to Muscles****

Your favorite Muscle Ezze Advanced V40, now has a night time friend. Introducing Muscle Ezze PM Night Time PM-EX2™ for those occasional sleepless nights. With added Passion Flower, Lemon Balm Leaf, and Hops Cone to help promote a more calming, anti-anxiety effect. We have also added 3 mg of Melatonin, a hormone naturally produced in the brain that helps regulate sleep patterns and the body's circadian rhythm. Muscle Ezze PM Night Time PM-EX2™ promotes a more restful, quality of sleep for those who suffer from sleeplessness.



Muscle Ezze PM

NIGHT TIME • PM-EX2

With Added Passion Flower,
Lemon Balm Leaf,
Hops Cone And More!

For a Restful Night's Sleep,
Relaxation and Calmness to Muscles**

Dietary Supplement
60 CAPSULES

Suggested Usage: Due to the potency of this product, we recommend taking Muscle Ezze PM-EX2 Night Time™ in a safe, controlled environment before bed time. May take a few nights of use before desired effect. Begin the first night with 2 capsules on an empty stomach with 8 oz of water 45-90 minutes prior to bed. For desired sleep, take up to 4 capsules on an empty stomach with 8 oz of water 45-90 minutes prior to bed, or as directed by your qualified health care provider. **Warning:** Taking this product may impair one's ability to drive and/or operate heavy equipment.

Supplement Facts		
Serving Size 4 Capsules		
Servings per Container 15		
	Amount Per Serving	% Daily Value
Magnesium (glycinate / oxide)	300 mg	75%
Calcium (as citrate)	100 mg	5%
Proprietary MEPM-EX2™ Blend	1925 mg	*
Passion Flower Extract (4:1) Passiflora incarnata Lemon Balm Leaf Extract (4:1) Melissa officinalis Hops Cone Extract (4:1) Humulus lupulus Jujube Extract (4:1) Phenibut (Beta-phenyl-gamma-aminobutyric acid) Magnolia Bark Extract (2% Honokiol and Magnobin) L-Theanine Valerian Root Extract (1% Valeric Acids) Valerian Root Powder Chamomile Flower Powder		
Melatonin	3 mg	*
* Daily Value Not Established.		
Other Ingredients: Microcrystalline cellulose & Magnesium Stearate.		
Contains NO common allergens.		

If you struggle with sleepless nights, whether from chronic stress, anxiety, tension, sore muscles, or insomnia, herbal supplementation does not have the addictive effects of many prescription muscle relaxants and sleep aids. Muscle Ezze PM-EX2 Night Time™ offers the unique herbal blend as our Original Natural Muscle Ezze Advanced V40™ day and night formula but, with added sleep benefits of natural herbs, Passion Flower, Lemon Balm Leaf, and Hops Cone Extracts, all to help promote a more calming, anti-anxiety effect at bed time. We have also added 3 mg of Melatonin, a hormone naturally produced in the brain that helps regulate sleep patterns and the body's circadian rhythm. Muscle Ezze PM-EX2 Night Time™ was also designed for added support, to regulate and calm the central nervous system, support muscle relaxation and promote a more restful quality of sleep for those who suffer from sleeplessness. Without morning grogginess, Muscle Ezze PM-EX2 Night Time™ helps promote an overall sense of well-being and gives us the opportunity for a fresh start to our day!

Warning: Taking this product may impair one's ability to drive and/or operate heavy equipment. Alcohol may intensify the effect. Do not use if pregnant or nursing. Do not use this product while taking any other sedating medications. For adult use only, keep out of the reach of children.

chiropractor'sblend™

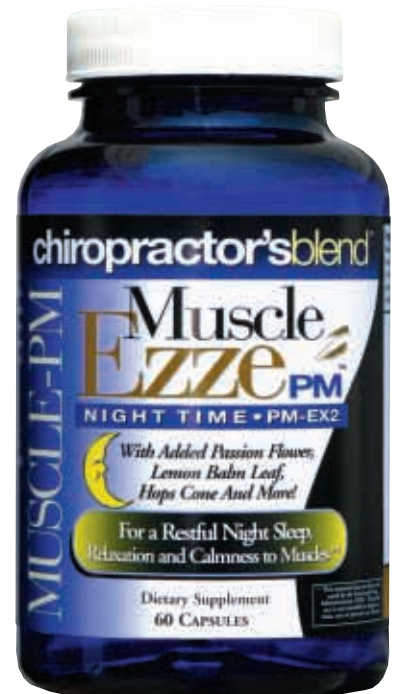
NUTRITION • DESIGNED FOR LIFE™

Passion flower Passion flower has a tranquilizing effect, including mild sedative and anti-anxiety effects. In studies conducted since the 1930's, its mode of action has been found to be different than that of most sedative drugs (sleeping pills), thus making it a non-addictive herb to promote relaxation. The sedative effect of Passion flower has made it popular for treating a variety of ailments, including nervousness and insomnia. Research had indicated that passion flower has a complex activity on the central nervous system (CNS), which is responsible for its overall tranquilizing effects. Also, it apparently has an antispasmodic effect on smooth muscles within the body, including the digestive system, promoting digestion. **Safety:** There are no reported side effects for passion flower

Lemon Balm Leaf Lemon balm (*Melissa officinalis*), a member of the mint family, is considered a "calming" herb. It was used in the Middle Ages to reduce stress and anxiety, promote sleep, improve appetite, and ease pain and discomfort associated with digestion (including flatulence and bloating as well as colic). Today, lemon balm is often combined with other calming, soothing herbs, such as valerian, chamomile, and hops, to enhance the overall relaxing effect. Several studies have found that lemon balm combined with other calming herbs (such as valerian, hops, chamomile) helps reduce anxiety and promote sleep.

Hops Cone Extract Hops are all natural and best known as a mild sedative and sleep aid. Hops extracts taken orally have been shown to promote restful sleep. Hops while 100% natural are quite complex and contain many different compounds. Scientists have identified and successfully separated out several components that are natural sedatives without side effects, grogginess, or dependency.

Melatonin Melatonin is a natural molecule made by the pineal gland, which is located in the back of the brain. We produce this natural substance abundantly during our early years, but levels decline steadily as we age. The use of Melatonin is based on years of solid research that supports its important role in the body. Studies show that Melatonin combats insomnia by regulating the circadian rhythm (sleep/wake cycle). Additionally, Melatonin has been suggested for insomnia.



chiropractor'sblend™

NUTRITION • DESIGNED FOR LIFE™